

WELLNESS MENU

Pembuka Selera / Appetiser

- Chana Paneer** 🌱🌾 52
 Pressed cottage cheese, chickpeas, capsicum, cucumber, tomato and onion
Calories (kcal) : 306.8 *Protein (g)* : 15.8
Carbohydrate (g) : 35.4 *Fat (g)* : 13.8
- Kerabu Mempelam Ikan Rangup** 🌿🌾 54
 Young mango salad with local greens and spices served with crispy red snapper fish fillet
Calories (kcal) : 118.7 *Protein (g)* : 10.3
Carbohydrate (g) : 9.8 *Fat (g)* : 5.6
- Gado - Gado Nusantara** 🌿🌾 45
 Local steam and fresh grated vegetables, green leaf wrapped, peanut sauce
Calories (kcal) : 206.0 *Protein (g)* : 11.1
Carbohydrate (g) : 13.9 *Fat (g)* : 12.6

Sup / Soup

- Sup Rasam Ayam Kampung** 🌿🌾🌿 58
 Village chicken in tangy soup prepared with Indian spices
Calories (kcal) : 56.9 *Protein (g)* : 8.4
Carbohydrate (g) : 13.4 *Fat (g)* : 1.7

Hidangan Utama / Main Courses

- Ikan Merah Bakar Nasi Huma** 🌿🌾🌿 135
 Glazed red snapper fillet, chili, tamarind, ginger flower sauce, brown rice, cucumber onion compote
Calories (kcal) : 157.8 *Protein (g)* : 22.0
Carbohydrate (g) : 11.2 *Fat (g)* : 2.9
- Daging Lembu Bakar Sambal Kerisik** 🌿🌾🌿 158
Acar Timun Tomato
 Turmeric and sea salt-rubbed grilled beef accompanied with coconut chilli shrimp paste dipping sauce and cucumber tomato pickle
Calories (kcal) : 229.1 *Protein (g)* : 39.7
Carbohydrate (g) : 4.0 *Fat (g)* : 5.2
- Udang Harimau Tandoori Salad Kacang Kuda** 🌿🌾🌿 187
 Tandoori marinated tiger prawn, chickpeas salad, cumin cucumber raita
Calories (kcal) : 231.1 *Protein (g)* : 30.5
Carbohydrate (g) : 15.8 *Fat (g)* : 5.7

Pencuci Mulut / Desserts

- Pisang Bakar Kelapa Buah-Buahan Dadu** 🌿🌾🌿 41
 Breaded banana with grated young coconut, diced fruit
Calories (kcal) : 161.0 *Protein (g)* : 1.3
Carbohydrate (g) : 39.5 *Fat (g)* : 0.5
- Sago Gula Melaka** 🌿🌾🌿 40
 Sago pudding prepared with coconut milk and gula Melaka syrup
Calories (kcal) : 166.7 *Protein (g)* : 0.8
Carbohydrate (g) : 31.3 *Fat (g)* : 5.2

🌿 Contains Nuts 🌾 Gluten-Free 🌿 Free-Range Eggs 🌿 Direct From Farmer 🌿 Organic

🌿 Local Product 🌿 Vegan 🌿 Vegetarian 🌿 Dairy-Free

Please inform us if you have any specific dietary needs and allergen. Our food is prepared in an environment where allergens are handled with no separate concerned allergen-free preparation area.
 All prices are in Malaysian Ringgit and subject to 10% service charge. For the convenience of our guests, we kindly ask to please refrain from using mobile phones inside the restaurant and dining area.

