



THE SPA

Cocooned in silence.

Lost in streams,  
the hushing river.  
Vanished for as much

Time as we need.  
The rest of the world,  
paused

like another universe,  
we have stepped out  
of for a while.

Max Wallis  
(written at The Datai Langkawi)

## THE SPA




Sea Hibiscus (*Talipariti Tiliaceum*)

Beautifully integrated into the backdrop of an ancient rainforest, along a winding stream, The Spa offers an immersive journey of holistic well-being in harmony with nature and one's natural self. Enveloped by the tranquil sights and meditative sounds of the jungle, each of The Spa's five secluded open-air treatment villas features indoor and outdoor showers and a spacious river-view soaking tub - perfect for one or a couple.

Aligning wellness with nature, The Spa offers a fusion of Malaysian healing traditions called Ramuan, with the expertise of organic skincare and holistic hand and foot treatments designed, respectively, in collaboration with VOYA and Bastien Gonzalez; reconnecting you with your true self.

*"The natural healing force in each one of us is the greatest force in getting well."*  
- Hippocrates

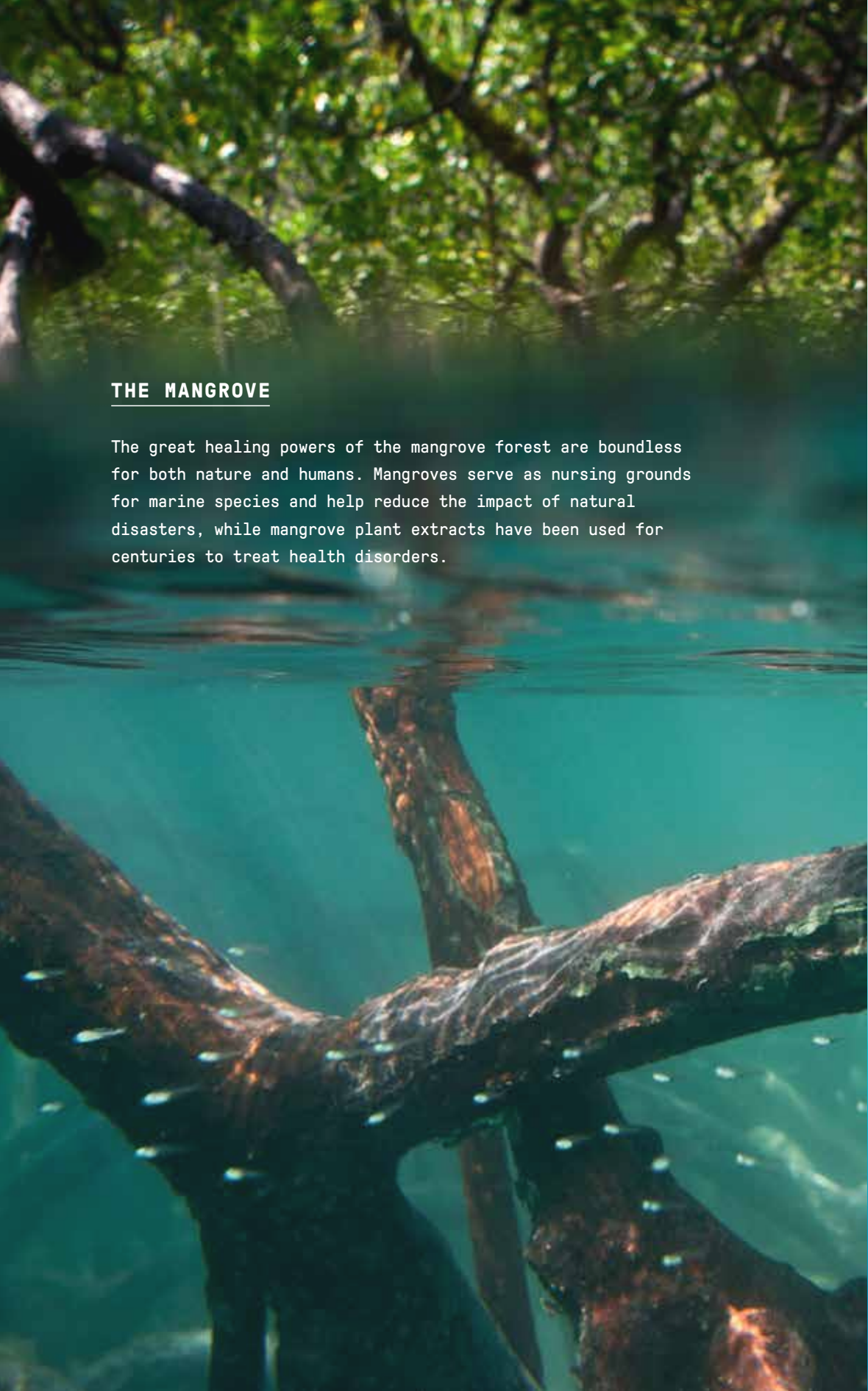


## **THE RAINFOREST**

Malaysia's rainforests are among the oldest in the world and are home to a remarkable biodiversity plant life including 15,000 species of flowering plants. Reliant on the rainforest for all their needs, Malaysia's earliest inhabitants unearthed the secrets to health through nature, and for centuries the rainforest's wealth of herbal resources have been harnessed for their healing, restorative and beautifying effects.

Malaysians today retain a deep connection to the healing traditions of their ancestors and a deep respect for the plants of the rainforest and their manifold blessings.





## THE MANGROVE

The great healing powers of the mangrove forest are boundless for both nature and humans. Mangroves serve as nursing grounds for marine species and help reduce the impact of natural disasters, while mangrove plant extracts have been used for centuries to treat health disorders.



## THE SEA

From the shallow waters laden with seaweed, to the deep blue where we find the most beautiful sought-after pearls, to the soothing sound of the waves, the ocean offers endless healing.









## THE SPIRIT OF RAMUAN

Combining the very best of indigenous rituals and recipes, The Spa's treatments are designed around the Spirit of Ramuan. On the simplest level, Ramuan refers to the deliberate and intelligent gathering and mixing of medicinal plants for use in the preparation of food and herbal remedies (whether from the rainforest, mangrove or sea). In its purest essence, it reflects the conscious awareness to nurture a healthy, balanced and holistic attitude to life.

The root of Malaysian wellness, Ramuan is a unique reflection of Malaysia's multicultural diversity, combining the wisdom and practices of its indigenous people with Malay, Chinese and Indian health philosophies and teachings.

Drawing from these teachings, The Spa incorporates the healing flora found in the rainforest in age-old wellness practices and therapeutic herbal teas, with signature treatments based on The Datai elements of rainforest, mangrove and ocean.

The concept of Ramuan begins with customised signature spa treatments and journeys that feature 'Seven Flowers and Seven Spices' using plants, flowers and herbs from the rainforest, similar to those used in the traditional medicines of royal healers and Malay villages.

*"When we pay attention to nature's music, we find that everything on earth contributes to its harmony."*

*- Hazrat Inayat Khan*









## ORGANIC LUXURY FROM THE SEA BY VOYA

VOYA offers a revolutionary range of results-driven seaweed based facial and body products, combining the expertise of the world's best cosmetic scientists with VOYA 's knowledge of the therapeutic benefits of seaweed. Knowing that each skin type needs to be treated differently, a specific type of hand-harvested seaweed is carefully selected for use in these indulgent facial products.

*"Outer beauty is inner beauty made visible."*  
- Paulo Coelho





## **PEDI:MANI:CURE STUDIO BY BASTIEN GONZALEZ**

Drawing on his extensive expertise and experience, leading podiatrist Bastien Gonzalez has designed and developed luxury foot, hand and nail care treatments with a focus on health and natural beauty. The pampering treatments with relaxing massages to relieve tension and boost blood circulation add to the unforgettable experience.

*"The human foot is a masterpiece of  
engineering and a work of art."  
- Leonardo da Vinci*



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**The Datai Langkawi**

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