

A K A R



AKAR EXCLUSIVE RAMUAN RETAIL LINE

The journey of natural wellness awaits. Akar, meaning 'roots' in Malay was uniquely created by The Datai Langkawi for our guests. Akar products are divided into three ranges and are made from 100 per cent organic, natural ingredients. They are used for the Ramuan treatments available exclusively at The Spa at The Datai Langkawi.

The Rainforest | The Mangrove | The Sea

THE RAINFOREST

Malaysia's rainforests are among the oldest in the world and are home to a remarkable biodiversity of plant life including 15,000 species of flowering plants. Reliant on the rainforest for all their needs, Malaysia's earliest inhabitants unearthed the secrets to health through nature, and for centuries the rainforest's wealth of herbal resources have been harnessed for their healing, restorative and beautifying effects. Malaysians today retain a deep connection to the healing traditions of their ancestors and a deep respect for the plants of the rainforest and their manifold blessings.

THE MANGROVE

The great healing powers of the mangrove forest are boundless for both nature and humans. Mangroves serve as nursing grounds for marine species and help reduce the impact of natural disasters, while mangrove plant extracts have been used for centuries to treat health disorders.

THE SEA

From the shallow waters laden with seaweed, to the deep blue where we find the most beautiful sought-after pearls, to the soothing sound of the waves, the ocean provides a soothing reset and offers endless healing.



THE RAINFOREST SEVEN FLOWERS RANGE

THE RAINFOREST

The Rainforest Seven Flowers

The seven flowers extracts found in Malaysia's rainforests, were carefully selected for use in the mixtures (ramuan) of the Royal Healers in Malay villages. In different combinations, they were used to enhance and maintain feminine beauty and health.

SEVEN FLOWERS:

Champaka | Tuberose | Gardenia | Ylang Ylang | Lotus
Jasmine | Rose

HEALING PROPERTIES:

Champaka – antioxidant, anti-microbial
Tuberose – aphrodisiac, skin beautification
Gardenia – antiseptic, aphrodisiac
Ylang Ylang – anti depressant, aphrodisiac
excellent for nervous system
Lotus – tonic, full of nutrients and minerals
Jasmine – relaxes, improves mood, aphrodisiac
Rose – anti-depressant, anti-viral, aphrodisiac

The Rainforest Seven Spices

The plants and herbs of the seven spices selection were originally from the rainforest and were used in healing mixtures in traditional Malay medicine. In different combinations with other plant ingredients they were used to enhance and maintain masculine health and vitality.

SEVEN SPICES:

Coriander | Clove | Star Anise | Nutmeg | Pepper
Cinnamon | Cardamom

HEALING PROPERTIES:

Coriander – antioxidant, anti-arthritis, stimulant
Clove – antioxidant, analgesic, improves appetite
Star Anise – antioxidant, anti-inflammatory
Nutmeg – pain-relieving, anti-rheumatic, digestive,
aphrodisiac, digestive
Pepper – anti-inflammatory, anti-arthritis, nervine
Cinnamon – pain-relieving, antiseptic
Cardamom – helps control infection



THE RAINFOREST SEVEN FLOWERS

100/200ML	BODY OIL a moisturising, anti-ageing oil
100/200ML	MASSAGE, BATH & SHOWER OIL an enriching, hydrating and healing oil
50GM	BODY SCRUB* a beautifying antioxidant scrub powder



THE RAINFOREST SEVEN SPICES

100/200ML	BODY OIL an earthy, moisturising oil
100/200ML	MASSAGE, BATH & SHOWER OIL a deeply moisturising and grounding oil
50GM	BODY SCRUB* a mild exfoliating scrub powder

THE MANGROVE

The great healing powers of the mangrove forest are boundless. Mangroves serve as nursing grounds for marine species and help reduce the impact of natural disasters, while mangrove plant extracts have been used for centuries to treat health disorders.

INGREDIENTS:

Rice | Black Glutinous Rice | Coconut | Mangrove Charcoal
Pandan | Nipa Palm | Cajeput

HEALING PROPERTIES:

Rice - treats damaged, ageing skin
Black Glutinous Rice - anti-ageing, hydrating
Coconut - hydrating, protective, restorative
Mangrove Charcoal - draws out impurities, detoxifies and purifies
Pandan - lowers high blood pressure
Nipa Palm - relieves tension
Cajeput - antiseptic, anti-infectious



THE MANGROVE

100/200ML	BODY OIL a relaxing, balancing oil
100/200ML	MASSAGE, BATH & SHOWER OIL a muscle and stress relief oil
50GM	BODY SCRUB⁺ a detoxifying and moisturising scrub powder

THE SEA

From the shallow waters laden with seaweed, to the deep blue where we find the most beautiful sought-after pearls, to the soothing sound of the waves, the ocean offers endless healing.

INGREDIENTS:

Rice | Black Glutinous Rice | Coconut | Seaweed
Gotu Kola | Pearl

HEALING PROPERTIES:

Rice - treats damaged, ageing skin
Black Glutinous Rice - anti-ageing, hydrating
Coconut - hydrating, protective, restorative
Seaweed - moisturising, hydrating, anti-ageing
Gotu Kola - boosts cognitive function, helps reduce stress
Pearl - skin rejuvenation, anti-ageing, gentle exfoliation



THE SEA

100/200ML	BODY OIL a balancing, age-defying oil
100/200ML	MASSAGE, BATH & SHOWER OIL a moisturising, vitamin D-rich oil
50GM	BODY SCRUB⁺ a restorative, antioxidant body polish

PRICES

<i>THE RAINFOREST SEVEN FLOWERS</i>		MYR
100ML	BODY OIL	195
200ML	BODY OIL	385
100ML	MASSAGE, BATH & SHOWER OIL	125
200ML	MASSAGE, BATH & SHOWER OIL	250
50GM	BODY SCRUB ⁺	95

<i>THE RAINFOREST SEVEN SPICES</i>		
100ML	BODY OIL	165
200ML	BODY OIL	320
100ML	MASSAGE, BATH & SHOWER OIL	125
200ML	MASSAGE, BATH & SHOWER OIL	250
50GM	BODY SCRUB ⁺	95

<i>THE MANGROVE</i>		
100ML	BODY OIL	140
200ML	BODY OIL	275
100ML	MASSAGE, BATH & SHOWER OIL	125
200ML	MASSAGE, BATH & SHOWER OIL	250
50GM	BODY SCRUB ⁺	95

<i>THE SEA</i>		
100ML	BODY OIL	140
200ML	BODY OIL	275
100ML	MASSAGE, BATH & SHOWER OIL	125
200ML	MASSAGE, BATH & SHOWER OIL	250
50GM	BODY SCRUB ⁺	145

+ BODY SCRUB OIL (USED WITH A
BODY SCRUB FROM ANY RANGE)

100ML	BODY SCRUB OIL	85
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The Datai Langkawi

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